

Latest 3 Years Catalogue

September 2026

DNA of Bharat: The World Guru by Dr. Jaikaran Goel

“DNA of Bharat: The World Guru” draws a parallel between the Ganga’s journey to the ocean and human life’s spiritual journey toward the Divine. It explores how collective thoughts shape national ideology and highlights Bharat’s enduring Vedic culture despite centuries of foreign rule. The book reflects on how modern politics drifted toward Western ideologies and offers a simple yet profound insight into Bharat’s civilizational spirit—inviting readers to rediscover its timeless wisdom and rightful place as the Vishwa Guru. | Born in the village of Madina (Ahulana), Sonipat, Haryana, the author is an esteemed Ayurvedic practitioner, educationist, and social-religious worker. He founded Geeta Vidya Mandir to uplift education in Gohana and built a temple of Maa Durga seeking spiritual solace. Deeply influenced by national events, he engaged with RSS and studied Vedic and Chanakya’s teachings. He also authored “Manushya Ki Niyati Hai Bhagwan Hona”, a simplified rendition of the Srimad Bhagavad Gita. He now manufactures Herbodent toothpaste in Delhi. | Paperback - Second Edition, 2026, 368 p., 23 x 16 cm (Perfect Bound), ISBN 9788195669387 - ₹ 600/-

Perspective 2.0 : merī nazar se ... by Rita Aggarwal

This book is a collection of spontaneous outpourings from the heart, capturing the profound experiences encountered on life's journey. The poems and thoughts within emerged naturally, without conscious effort. A beautiful anecdote of Emperor Akbar and Tansen illustrates the power of genuine expression: while Tansen's music was crafted to please, his guru's music flowed effortlessly from his inner joy. This story reflects the essence of the book—when work is done with the intention of giving, it brings boundless happiness. The author hopes that even one poem from Inspiration can inspire transformation in readers' lives. Special thanks are extended to Dr. Rupali Dutta for translating the poems into English. | Hardback - 2026, 192 p., 22 x 16 cm, ISBN 978-81-956689-5-3 - ₹ 1,199/-

In Search of Other Worlds: A collection of poems by Namratha Mogaral

The poems in this book are composed in contemporary style and intend to capture the mood and ambience of our eventful times. The five sections and their different thematic subtitles make it easy to read and appreciate both the rhythm as well as thought content. These poems have an air of professionalism with seasoned mastery over the rhythm and language that gives much pleasure, reminding one of the truly poetical. | Paperback - 2025, 84 p., 22 x 15 cm, ISBN 9789349315983 - ₹ 210/-

Strategy focused turnaround by R Lakshmi

Turnaround strategies have specific short-term strategic objectives that aim to increase revenue, cut expenses, and restore the business’ former viability after

identifying the cause of the issues. A turnaround strategy is different from a change management strategy. | Hardback - 2025, 332 p., 24 x 17 cm, ISBN 9789349315532 - ₹ 1,999/-

The Legacy by Neeti Thapliyal Bourai

This book is a thread of light, woven from every soul that has touched my journey — whether for a moment or a lifetime, near or far, knowingly or unknowingly. And now, by reading these words, you too become part of that light. Your presence wraps me in a warmth I wish for every heart in this world. May this legacy of love and light be the gift I pass on to the next generation. | Hardback - 2025, 24 p., 28 x 22 cm, ISBN 9789349315952 - ₹ 499/-

Lack of intergovernmental agency coordination leading to avoidable and wasteful expenditure of public resources : need for a model law by Manoj Kumar Patel

This book analyzes existing policies and laws related to infrastructure development, highlighting the need for a more coordinated approach to avoid wasteful public expenditure. It emphasizes that current infrastructure projects are developed piecemeal, lacking comprehensive planning. For example, when roads are built, utilities like telecom, gas, and electricity are often overlooked, leading to duplication of work and resource wastage. Different departments, such as railways, transport, and utilities, operate independently without coordination. While initiatives like the Smart City concept and the PM Gati Shakti National Master Plan aim to integrate efforts, there is still no comprehensive law or policy addressing this issue. The book suggests new laws and policies to promote better coordination and socio-economic transformation through infrastructure development. | Edition - 2025, 266 p., 23 x 15 cm, ISBN 9789349315365 - ₹ 1,399/-

Healing Wonders: Nature's Miracles Unveiled by Rajat Trehan

Healing Wonders is a practical guide to natural wellness, blending science with holistic nutrition. Dr. Rajat Trehan shares how smoothies, juices, herbs, and mindful eating can support healing from common conditions like diabetes, hair loss, insomnia, and high blood pressure. With easy tips, remedies, and lifestyle advice, this book empowers readers to take charge of their health—one sip at a time. It's more than recipes—it's a path to vibrant, plant-powered living. | Paperback - 2025, 160 p., 23 x 15 cm, ISBN 9789334440751 - ₹ 399/-

Knocking depression with food by Rajat Trehan

The book explores the link between nutrition and mental health, focusing on depression. Divided into two parts, it examines the science of depression, including neurotransmitters and inflammation, and emphasizes the benefits of phytonutrients in supporting brain health and reducing inflammation. The book

offers practical strategies for incorporating these nutrients into daily diets while advocating for a holistic approach that includes diet, exercise, stress management, and supportive relationships. It underscores the importance of professional medical care alongside nutritional changes, delivering a message of hope and empowerment to improve mental health. | Paperback - 2025, 272 p., 23 x 15 cm, ISBN 9789359805221 - ₹ 699/-

Decoding obesity by Rajat Trehan

“Decoding Obesity” by Dr. Rajat Trehan, a renowned phytonutritionist, is your essential guide to understanding and conquering obesity. Dr. Trehan's insightful exploration unveils the complexities of obesity, empowering you to take control of your health journey. Discover the hidden truths behind weight gain, debunk common myths, and embark on a transformative path to wellness. With expert advice on nutrition, lifestyle, and holistic health, this book is your key to unlocking a healthier, happier you. Don't miss out on the opportunity to decode the mysteries of obesity and embrace a vibrant future! | Paperback - 2024, 296 p., 22 x 15 cm, ISBN 9789334028188 - ₹ 750/-

Irresistible detox elixirs: a love affair with healthful drinks by Rajat Trehan

Paperback - 2024, 188 p., 22 x 15 cm, ISBN 9789334078909 - ₹ 499/-